

Services We Provide

*Occupational
therapy (OT)
can help you
regain the
skills you need
to live a
functional and
enjoyable life.*

*Ask your
doctor for a
prescription
for OT today
and start
living again!*

Wyandot Memorial Hospital

is

*Caring for the Health
of Our Community*

- Certified by the United States Department of Health and Human Services
- Registered and Licensed by the Ohio Department of Health



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Occupational Therapy & Hand Therapy



The
Physical, Occupational
& Speech Therapy
Department

Upper Sandusky, Ohio

Occupational Therapy

Occupational Therapists (OT's) help individuals of all ages improve, develop and recover their ability to perform tasks in their daily living and work environments.

OT's commonly focus on improving an individual's motor and reasoning abilities – or on compensation for permanent loss of these functions – for the optimal level of independence.



Occupational Therapy includes

- Activities of Daily Living (ADL) and Instrumental Activities of Daily Living (IADL) retraining
- Household management and skill training
- Grooming and feeding
- Bathing and dressing
- Fine motor skills
- Handwriting skills
- Home safety assessments
- Cognition and visual perceptual retraining
- Pain management
- Ergonomic training
- Adaptive equipment training
- Energy conservation education

You may benefit from OT if you've experienced

- ✓ Stroke
- ✓ Traumatic Brain Injury
- ✓ Upper Extremity Weakness
- ✓ Fine Motor Incoordination
- ✓ Total Joint Replacement
- ✓ Congestive Heart Failure (CHF)
- ✓ Chronic Obstructive Pulmonary Disease (COPD)
- ✓ Developmental Disabilities
- ✓ Handwriting Defects
- ✓ Visual Perceptual Deficits
- ✓ Cognitive Deficits

Hand Therapy

People value the use of their hands. Any loss of function can be devastating.

A Certified Hand Therapist (CHT) can offer the most knowledgeable and latest hand therapy treatment available to patients to maximize functional return.

Certified Hand Therapists (CHT's) have at least five years of clinical experience in upper extremity rehabilitation, and have successfully passed a national exam of advanced clinical skills in upper extremity rehabilitation.

Hand Therapy includes the management of

- Edema
- Wounds and scars
- Strength and endurance
- Pain
- Range of motion
- Sensibility
- Activities of Daily Living (ADL)/Vocational/Avocational retraining
- Custom fabricated upper extremity splints



You may benefit from hand therapy if you've experienced

- ✓ Fractures
- ✓ Tendon Injuries
- ✓ Tendonitis
- ✓ Amputations
- ✓ Nerve Injuries
- ✓ Nerve Compression
- ✓ Arthritis
- ✓ Burns
- ✓ Sprains/Strains
- ✓ Rotator Cuff Injuries
- ✓ Carpal Tunnel

Contact Us

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